



**Equilibrium**

Centre for Social Rehabilitation  
and Integration

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**Equilibrium**

Centre for Family-Type Accommodation  
for Children and Young Adults

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## Centre for Social Rehabilitation and Integration

The Centre for Social Rehabilitation and Integration /CSRI/ was built under the Byala Municipality project "Social services and care for the children of Byala".

Equilibrium has been managing the centre since 01.07.2016.

The CSRI offers comprehensive rehabilitation and social integration for children and young adults (ages 0 to 29) and it is with the capacity of 20 users.

Our experts – a social worker, a psychologist, a physiotherapist, an occupational therapist, a speech therapist and nurses – are highly qualified and experienced. They are supported by the experts of Equilibrium who have been managing services since 2005.

The centre has the latest therapeutic equipment, a ramp and an elevator for ease of access. There is a full-time medical service. The service is mobile for those who live in the smaller towns of Byala Municipality or who have mobility difficulties.

Objectives – support of individual development, acquisition of new skills and independence of children and young adults with different disabilities and from different risk groups for prevention of social exclusion.

We support parents/caregivers to be better informed and confident when they raise a child/young adult with special needs.

The service comprises various advisory, therapeutic and rehabilitation activities, aimed at the creation, support and development of social skills, as well as training of independent living skills.

## Centre for Family-Type Accommodation for Children and Young Adults

The Centre for Family-Type Accommodation for Children and Young Adults was built under the Byala Municipality project "Social services and care for the children of Byala"

Equilibrium has been managing the centre since 01.07.2016

The main objective of the service is to provide a safe, family-type environment for the children/young adults through individualised care and support so that they have better lives and opportunities for development and social inclusion. The centre is with a capacity of 8 children. The children are supported 24 hours by caregivers, a social worker and a psychologist, as well as by the experts from Equilibrium.

There are planned activities for the children in the centre every day after school – support for self- studying (sometimes this happens in CSRI); group sessions for discussing topics important for the children; sports; gardening; and after dinner – making of beautiful things for our charitable bazaars. During the weekends different activities are organised, such as excursions, visits to the swimming pool, etc. Different gourmet nights are also one of the children's recreational activities. The children themselves create the menu, they learn how to cook and care for themselves, their belongings and home, to communicate in a positive way, to build relationships with their peers and the adults.

We highly appreciate free access to clubs/courses or mentoring in the field of sports, music, arts and crafts. The development of the children's talents improves their self-evaluation and desire to accept social standards. This is the way to their social inclusion.

